

RAISING WISCONSIN'S CHILDREN

Conference 2024



Join a free, online conference designed for parents and families. Participants will get practical, positive parenting ideas from experts and explore how to help children grow.

You can attend as many conference sessions as you want. All sessions will have closed captions. Participate in a Q&A session with speakers after each presentation. Register to attend and view conference recordings through February.

SCHEDULE

9:00 AM

Boosting the Benefits of Screen Time: Choosing High-Quality Shows and Apps for Young Children

- Those Media Moms, Roxy Etta, PhD & Liz Horgan, PhD

10:15 AM

Creating Gender Affirming Homes for ALL Children

- Abra Vigna, PhD

11:30 AM

Mirror, Mirror on the Wall: Nurturing Positive Body Image in Kids

- Mateja Savoie-Roskos, MPH, PhD

12:45 PM

Healthy Sports: Strategies to Encourage Participation and Avoid Specialization for Youth Athletes

- Evan Nelson, DPT, PhD

2:00 PM

What We Know About Social Media Use and Adolescent Mental Health

- Chelsea Olson, PhD

3:15 PM

Meditating Parents: How to Train Your Mind to be More Present, Resilient, and Appreciative

- Chad McGehee, MA, MEd

JANUARY 9, 2024

9:00 AM - 4:00 PM, CST

Free | Virtual on Zoom



Scan QR code or go to
<https://go.wisc.edu/rwc2024>
for details and to register.

Wisconsin Registry credits
available for some sessions.
Scan QR code to register.

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webinars using Zoom. Check
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Extension

UNIVERSITY OF WISCONSIN-MADISON